

Yoga Teacher Training Application for Eating Disorder Recovery

Please complete the following **Checklist** to apply for the Yoga Teacher Training Program:

- Prepare a **short autobiographical essay** (one typed-written page)
- Complete the **Eating Disorder Teacher Training Application Form**
- Submit **essay and application-registration form** to the address on the form or send via e-mail
- Enclose payment with **autobiographical essay or register on-line**

Upon receipt of your application-registration information, confirmation will be sent along with preliminary self-study for CEU in order to start program immediately

Eating Disorder-Yoga Teacher Training

Application Form

Name: (as you would like it to appear on certificate) _____

Street Address: _____

City: _____

State: _____ Zip: _____ Country: _____

E-Mail: _____

Daytime Phone: _____ Evening: _____

Fax: _____

Occupation/Employment Setting: _____

Age: _____ Date of Birth: _____

- Female
- Male

Emergency Contact Name/Relationship: _____

Daytime Phone: _____ Evening: _____

How did you hear about our Yoga Teacher Training Program in Eating Disorders?

Background Information

Please help us get to know you by answering the following questions:

Do you currently practice Yoga and if so, where?

Do you practice any other mind-body disciplines and if so, what are they? _____

Why do you personally practice any of the mind-body disciplines that you have listed?

With who have you studied Yoga? (include where and how long) _____

Do you teach yoga or implement any mind-body disciplines in your work setting?

- Yes
- No

If yes, please describe in detail _____

Are you interested in continuing education through your respective accrediting body?

- Yes
- No

What are your expectations for this training? What do you hope to learn/work on for yourself and for your students? (use separate sheet if needed or incorporate into bio)

Please return your **autobiographical essay, application form and payment (unless you are enrolling online)**

Inner Door Center
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